

# 2018 Red Rock Conference Girls

Mountain Lake - 5/17/18

## Girls Team Results

1. Southwest Minnesota Christian/Edgerton 182
2. Hills-Beaver Creek 136,5
3. Murray County Central 104.5
4. Heron Lake-Okabena/Fulda 85
5. Westbrook-Walnut Grove/RRC 72
6. Mt Lake Area 56
7. Adrian 50
8. Ellsworth 2

## Varsity Girls 100 Meters Finals

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Athlete Yr Team Mark

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- 1 Taryn Rauk 9 Hills-Beaver Creek 13.47
- 2 Kendra Frodermann 10 Adrian 13.51
- 3 Jenneel Rodney 12 Mountain Lake Area 13.86
- 4 Kelsey DeSmith 8 Westbrook-Walnut Grove (o 13.99
- 5 Haley Wieck 8 SWMCH-EHS 14.01
- 6 Vanessa Kedl 11 Westbrook-Walnut Grove (o 14.03
- 7 Anna Suda 7 Southwest Mn Christian (o 14.06
- 8 Kaitlyn Schuur 9 Southwest Mn Christian (o 14.07
- 9 Madison Spath 11 Hills-Beaver Creek 14.31
- 10 Marta Stoesz 12 Mountain Lake Area 14.40
- 11 Lene Kvame 11 Heron Lake-Okabena/Fulda 14.52
- 12 Chelby Kesteloot 8 Murray County Central 14.81
- 13 Elise Rohrer 11 Murray County Central 15.18
- 14 Alicya McEliece 9 Adrian 15.36
- 15 Laura Roelfs 7 Adrian 15.58
- 16 Kennedy Vold 9 Westbrook-Walnut Grove (o 15.63
- 17 Mady Domeyer 12 Ellsworth 15.64
- 18 Jasmine Vongsy 10 Mountain Lake Area 16.13
- 19 Stacy Najera 10 Heron Lake-Okabena/Fulda 16.26
- 20 Amiaya Johnson 10 Murray County Central 16.54

## Varsity Girls 200 Meters Finals

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Athlete Yr Team Mark

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- 1 Taryn Rauk 9 Hills-Beaver Creek 27.82
- 2 Ellie Decker 7 Southwest Mn Christian (o 28.61
- 3 Elizabeth Strock 9 Westbrook-Walnut Grove (o 28.78
- 4 Hannah Henning 8 Adrian 29.96
- 5 Emma Stevenson 10 Westbrook-Walnut Grove (o 30.07
- 5 Chelby Kesteloot 8 Murray County Central 30.07
- 7 Marta Stoesz 12 Mountain Lake Area 30.09
- 8 Ella Veldkamp 9 Southwest Mn Christian (o 30.11
- 9 Shayla Rainford 9 Hills-Beaver Creek 30.48
- 10 Mara Fick 9 SWMCH-EHS 30.69
- 11 Michala Morin 7 Mountain Lake Area 30.70
- 12 Kenya Duroe 10 Westbrook-Walnut Grove (o 31.09
- 13 Brooke Engbarth 10 Murray County Central 31.29
- 14 Miranda Van Ruler 10 Murray County Central 32.20
- 15 Cheyenna John 9 Adrian 33.24
- 16 Elizabeth Erwin 10 Adrian 34.30
- 17 Stacy Najera 10 Heron Lake-Okabena/Fulda 35.66

## Varsity Girls 400 Meters Finals

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Athlete Yr Team Mark

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- 1 Taryn Rauk 9 Hills-Beaver Creek 1:03.12
- 2 Audra Homandberg 11 Southwest Mn Christian (o 1:06.26
- 3 Kenadie Fick 8 Hills-Beaver Creek 1:07.33
- 4 Ella Veldkamp 9 Southwest Mn Christian (o 1:08.49
- 5 Victoria Pierson 9 Murray County Central 1:08.78
- 6 Kathrine Katholm 12 Murray County Central 1:08.96
- 7 Kenya Duroe 10 Westbrook-Walnut Grove (o 1:10.51
- 8 Mara Fick 9 SWMCH-EHS 1:11.74
- 9 Emma Stevenson 10 Westbrook-Walnut Grove (o 1:14.41
- 10 Megan McCue 10 Mountain Lake Area 1:16.74
- 11 Carli Moline 8 Murray County Central 1:17.46
- 12 Elizabeth Erwin 10 Adrian 1:17.53
- 13 Stacy Najera 10 Heron Lake-Okabena/Fulda 1:23.96
- 14 Alesha Henning 8 Adrian 1:26.58
- 15 Emma Golda 10 Heron Lake-Okabena/Fulda 1:33.79
- Cheyenna John 9 Adrian DNS
- Lilly Johnson 9 Westbrook-Walnut Grove (o DNS

Varsity Girls 800 Meters Finals

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Athlete Yr Team Mark

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- 1 Annika Brands 12 Southwest Mn Christian (o 2:26.98
- 2 Morgan Gehl 9 Heron Lake-Okabena/Fulda 2:28.03
- 3 Cheyenne Schaffer 12 Heron Lake-Okabena/Fulda 2:33.72
- 4 Kenadie Fick 8 Hills-Beaver Creek 2:37.06
- 5 Moriah Bullerman 10 Adrian 2:37.73
- 6 Miranda Buys 12 SWMCH-EHS 2:43.68
- 7 Josie Harms 9 Murray County Central 2:52.48
- 8 Amanda Overgaauw 7 Murray County Central 2:55.94
- 9 Grace Farinella 7 Adrian 3:19.00

Varsity Girls 1600 Meters Finals

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Athlete Yr Team Mark

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- 1 Morgan Gehl 9 Heron Lake-Okabena/Fulda 5:23.66
- 2 Savannah Schultz 7 Southwest Mn Christian (o 5:51.50
- 3 Mikayla Johnson 9 SWMCH-EHS 5:52.56
- 4 Moriah Bullerman 10 Adrian 5:59.78
- 5 Lauren Tatge 9 Hills-Beaver Creek 6:11.01
- 6 Amanda Overgaauw 7 Murray County Central 6:13.75
- 7 Josie Harms 9 Murray County Central 6:16.38
- 8 Skylar Fisher Heron Lake-Okabena/Fulda 6:22.30
- 9 Khloe Gehl 10 Heron Lake-Okabena/Fulda 6:23.42
- 10 Hermella Suda 8 Southwest Mn Christian (o 6:42.87
- 11 Grace Farinella 7 Adrian 7:15.60
- Aura Spry 10 Westbrook-Walnut Grove (o DNS

Varsity Girls 3200 Meters Finals

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Athlete Yr Team Mark

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- 1 Emily Kathman 12 Murray County Central 13:38.57
- 2 Ashley Overgaauw 7 Murray County Central 13:54.78
- 3 Ella Stapek Heron Lake-Okabena/Fulda 13:57.40
- 4 Lauren Tatge 9 Hills-Beaver Creek 14:00.12
- 5 Rachel Salentiny 12 Heron Lake-Okabena/Fulda 14:25.76
- 6 Ana Hagen 11 Hills-Beaver Creek 14:26.98
- 7 Anna Volk 11 Heron Lake-Okabena/Fulda 14:38.39

8 Chloe Tschetter 11 Southwest Mn Christian (o 14:58.03  
9 Hermella Suda 8 SWMCH-EHS 15:23.56

Varsity Girls 100m Hurdles Finals

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Athlete Yr Team Mark

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1 Sommer Schaap 11 SWMCH-EHS 16.67  
2 Camryn Bunting 10 Westbrook-Walnut Grove (o 17.25  
3 Anna Mathiowetz 11 Murray County Central 18.16  
4 Holly Vis 11 SWMCH-EHS 18.33  
5 Sydney Van Essen 9 Southwest Mn Christian (o 18.46  
6 Anna Fest Heron Lake-Okabena/Fulda 18.92  
7 Abby Knobloch 9 Hills-Beaver Creek 19.00  
8 Ashlyn Meester 10 Ellsworth 19.24  
9 Erica Gervais 12 Murray County Central 19.55  
10 Elizabeth Wiggins 8 Westbrook-Walnut Grove (o 20.41  
11 Joslyn Birger 10 Hills-Beaver Creek 20.44  
12 Eryn Friesen 9 Mountain Lake Area 21.13  
13 Alesha Henning 8 Adrian 22.06

Varsity Girls 300m Hurdles Finals

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Athlete Yr Team Mark

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1 Ryanna Schreier 8 Murray County Central 51.62  
2 Abby Knobloch 9 Hills-Beaver Creek 53.98  
3 Holly Vis 11 Southwest Mn Christian (o 54.86  
4 Camdyn Kluis 8 Murray County Central 55.57  
5 Camryn Bunting 10 Westbrook-Walnut Grove (o 55.98  
6 Sydney Van Essen 9 SWMCH-EHS 56.20  
7 Anna Fest Heron Lake-Okabena/Fulda 56.72  
8 Ashlyn Meester 10 Ellsworth 57.14  
9 Joslyn Birger 10 Hills-Beaver Creek 57.61  
10 Elizabeth Wiggins 8 Westbrook-Walnut Grove (o 58.84  
11 Mady Domeyer 12 Ellsworth 1:00.90  
12 Rachel Salentiny 12 Heron Lake-Okabena/Fulda 1:01.39  
13 Laura Roelfs 7 Adrian 1:02.43  
14 Anna Volk 11 Heron Lake-Okabena/Fulda 1:02.98  
15 Eryn Friesen 9 Mountain Lake Area 1:03.10  
16 Alina Inthamthirath 9 Mountain Lake Area 1:12.06  
Alicya McEliece 9 Adrian DNS

Varsity Girls 4x100m Finals

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Team Time

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1 Hills-Beaver Creek 55.09  
Avery WysongAshlee KeldermanSidney FickMadison Spath  
2 Adrian 55.41  
Erika AlvaradoHannah HenningBailey LonnemanKendra Frodermann  
3 SWMCH-EHS 56.49  
Haley WieckMara FickEllie DeckerHolly Vis  
4 Westbrook-Walnut Grove (old) 56.81  
Vanessa KedLina VueKelsey DeSmithElizabeth Strock  
5 Heron Lake-Okabena/Fulda 58.12  
Lene KvameFaith WhiteKhloe GehlAnna Fest  
6 Mountain Lake Area 58.13  
Bileigh AnackerTiegan MeyerMarta StoeszJenneel Rodney  
7 Murray County Central 59.09  
Chelby KestelootElise RohrerBrooke EngbarthAnna Mathiowetz

Varsity Girls 4x200m Finals

Team Time

- 1 SWMCH-EHS 1:56.51  
Haley WieckElla VeldkampEllie DeckerSommer Schaap
- 2 Hills-Beaver Creek 1:56.69  
Avery WysongAshlee KeldermanSidney FickMadison Spath
- 3 Westbrook-Walnut Grove (old) 2:00.25  
Vanessa KedlLina VueKelsey DeSmithElizabeth Strock
- 4 Adrian 2:01.97  
Erika AlvaradoHannah HenningCheyenna JohnBailey Lonneman
- 5 Murray County Central 2:06.77  
Brooke EngbarthKlarisa GilletteCarli MolineElise Rohrer
- 6 Mountain Lake Area 2:08.16  
Tiegan MeyerBileigh AnackerSummer JanzenMichala Morin
- 7 Heron Lake-Okabena/Fulda 2:11.52  
Faith WhiteAnna VolkRachel SalentinyElla Stapek

Varsity Girls 4x400m Finals

Team Time

- 1 SWMCH-EHS 4:18.90  
Audra HomandbergSavannah SchultzMikayla JohnsonAnnika Brands
- 2 Hills-Beaver Creek 4:30.58  
Kenadie FickSidney FickAshlee KeldermanTaylor Durst
- 3 Heron Lake-Okabena/Fulda 4:34.89  
Cheyenne SchafferSkylar FisherLene KvameMorgan Gehl
- 4 Adrian 4:35.86  
Moriah BullermanErika AlvaradoBailey LonnemanKendra Frodermann
- 5 Murray County Central 4:36.35  
Camdyn KluisRyanna SchreierKathrine KatholmVictoria Pierson
- 6 Mountain Lake Area 5:11.00  
Tiegan MeyerJanessa JohnsonJewel SoutthivongKate Janzen

Varsity Girls 4x800m Finals

Team Time

- 1 SWMCH-EHS 10:30.45  
Audra HomandbergSavannah SchultzMikayla JohnsonAnnika Brands
- 2 Murray County Central 11:01.75  
Ryanna SchreierKathrine KatholmAshley OvergaauwEmily Kathman
- 3 Heron Lake-Okabena/Fulda 11:20.40  
Cheyenne SchafferElla StapekSkylar FisherKhloe Gehl
- 4 Hills-Beaver Creek 12:04.30  
Taylor DurstJoslyn BirgerShayla RainfordAna Hagen
- 5 Mountain Lake Area 12:52.57  
Megan McCueJewel SoutthivongJanessa JohnsonKate Janzen

Varsity Girls Shot Put Finals

Athlete Yr Team Mark

- 1 Kourtney Rozeboom 12 Hills-Beaver Creek 38-06.50
- 2 Jenneel Rodney 12 Mountain Lake Area 35-06.00
- 3 Saige Wall 10 Mountain Lake Area 31-11.50
- 4 Lauren Sankey 12 SWMCH-EHS 31-03.50
- 5 Breanna Golda 11 Heron Lake-Okabena/Fulda 30-04.00
- 6 Abby Knobloch 9 Hills-Beaver Creek 30-02.50

7 Lina Vue 12 Westbrook-Walnut Grove (o 28-04.00  
8 Megan Gunnink 11 SWMCH-EHS 28-01.50  
9 Ashley Wagner 12 Heron Lake-Okabena/Fulda 28-00.00  
10 Teagan Leusink 9 Southwest Mn Christian (o 27-06.50  
11 Courtney Tutt 11 Murray County Central 26-01.00  
12 Sammy Wieneke 9 Adrian 25-00.50  
13 Kelsey Fuerstenberg 10 Heron Lake-Okabena/Fulda 25-00.00  
14 Cassidy Johnson 8 Murray County Central 23-08.50  
15 Sarah Essman 10 Ellsworth 22-05.50  
16 Macy Postuma 10 Murray County Central 21-09.00  
17 Amy Bartsch 11 Mountain Lake Area 19-09.50  
Emily Lebrun 10 Adrian DNS

#### Varsity Girls Discus Finals

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Athlete Yr Team Mark

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1 Kourtney Rozeboom 12 Hills-Beaver Creek 116-06  
2 Jenneel Rodney 12 Mountain Lake Area 96-00  
3 Lauren Sankey 12 Southwest Mn Christian (o 88-09  
4 Megan Gunnink 11 SWMCH-EHS 88-00  
5 Sammy Wieneke 9 Adrian 82-09  
6 Reece Wassink 8 SWMCH-EHS 82-07  
7 Maggie Heezen 12 Murray County Central 80-08  
8 Courtney Tutt 11 Murray County Central 76-07  
9 Ashley Wagner 12 Heron Lake-Okabena/Fulda 76-02  
10 Macy Postuma 10 Murray County Central 70-00  
11 Kelsey Fuerstenberg 10 Heron Lake-Okabena/Fulda 69-08  
12 Sarah Essman 10 Ellsworth 66-11  
13 Alwina Dullson 12 Heron Lake-Okabena/Fulda 66-07  
14 Danielle Duerksen 12 Mountain Lake Area 63-00  
15 Bileigh Anacker 10 Mountain Lake Area 62-00  
16 Avery Wysong 12 Hills-Beaver Creek 60-08  
Emily Lebrun 10 Adrian DNS

#### Varsity Girls High Jump Finals

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Athlete Yr Team Mark

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1 Cheyenne Schaffer 12 Heron Lake-Okabena/Fulda 4-10.00  
2 Marta Stoesz 12 Mountain Lake Area 4-06.00  
3 Vanessa Kedl 11 Westbrook-Walnut Grove (o 4-06.00  
4 Kendra Frodermann 10 Adrian 4-04.00  
5 Morgan Clarke 10 Murray County Central 4-04.00  
6 Kelsey DeSmith 8 Westbrook-Walnut Grove (o 4-04.00  
6 Kenadie Fick 8 Hills-Beaver Creek 4-04.00  
8 Ryanna Schreier 8 Murray County Central 4-02.00  
9 Sydney Van Essen 9 Southwest Mn Christian (o 4-02.00  
10 Elizabeth Wiggins 8 Westbrook-Walnut Grove (o 4-02.00  
11 Abby Knobloch 9 Hills-Beaver Creek 4-00.00  
11 Tiegan Meyer 7 Mountain Lake Area 4-00.00  
11 Anna Suda 7 SWMCH-EHS 4-00.00

#### Varsity Girls Pole Vault Finals

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Athlete Yr Team Mark

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1 Lina Vue 12 Westbrook-Walnut Grove (o 9-00.00  
2 Kaitlyn Schuur 9 Southwest Mn Christian (o 8-06.00  
3 Erica Gervais 12 Murray County Central 7-00.00  
4 Faith White Heron Lake-Okabena/Fulda 7-00.00  
5 Kennedy Vold 9 Westbrook-Walnut Grove (o 7-00.00

Varsity Girls Long Jump Finals

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Athlete Yr Team Mark

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- 1 Taryn Rauk 9 Hills-Beaver Creek 15-06.00
- 2 Ellie Decker 7 Southwest Mn Christian (o 14-07.25
- 3 Sommer Schaap 11 SWMCH-EHS 14-07.00
- 4 Emma Stevenson 10 Westbrook-Walnut Grove (o 14-06.75
- 5 Victoria Pierson 9 Murray County Central 14-05.00
- 6 Lene Kvame 11 Heron Lake-Okabena/Fulda 14-00.00
- 7 Audra Homandberg 11 SWMCH-EHS 13-11.50
- 8 Sierra Pankratz 11 Mountain Lake Area 13-11.25
- 9 Hannah Henning 8 Adrian 13-07.75
- 10 Elizabeth Erwin 10 Adrian 13-07.50
- 11 Kenya Duroe 10 Westbrook-Walnut Grove (o 13-07.00
- 12 Avery Wysong 12 Hills-Beaver Creek 13-06.75
- 13 Elise Rohrer 11 Murray County Central 13-03.25
- 14 Moriah Bullerman 10 Adrian 13-02.75
- 15 Summer Janzen 10 Mountain Lake Area 12-11.75
- 16 Faith White Heron Lake-Okabena/Fulda 12-09.75
- 17 Morgan Clarke 10 Murray County Central 12-07.00
- 18 Anna Fest Heron Lake-Okabena/Fulda 11-05.75
- 19 Michala Morin 7 Mountain Lake Area 11-05.25

Varsity Girls Triple Jump Finals

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Athlete Yr Team Mark

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- 1 Sommer Schaap 11 SWMCH-EHS 32-08.50
- 2 Anna Mathiowetz 11 Murray County Central 30-03.00
- 3 Sydney Van Essen 9 Southwest Mn Christian (o 29-11.25
- 4 Sidney Fick 11 Hills-Beaver Creek 29-06.00
- 5 Sierra Pankratz 11 Mountain Lake Area 29-03.00
- 6 Camdyn Kluis 8 Murray County Central 29-02.00
- 7 Ashlee Kelderman 9 Hills-Beaver Creek 29-00.75
- 8 Bailey Lonneman 10 Adrian 28-01.00
- 9 Rachel Salentiny 12 Heron Lake-Okabena/Fulda 28-00.50
- 10 Joslyn Birger 10 Hills-Beaver Creek 27-11.50
- 11 Michala Morin 7 Mountain Lake Area 27-10.50
- 12 Summer Janzen 10 Mountain Lake Area 27-07.75
- 13 Elizabeth Erwin 10 Adrian 27-07.00
- 14 Khloe Gehl 10 Heron Lake-Okabena/Fulda 26-00.50
- 15 Cheyenna John 9 Adrian 23-02.50